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DEPARTMENT OF PHYSICAL EDUCATION ACTIVITY REPORT - YEAR 2023-24

Sr.No	Event Details	Name Of The Staff Events Co- Ordinator	Date		
	SEM –I				
1.	Commencement of First Term of Academic Year 2023-2024				
2.	Yoga day celebration	Dr. Deepali Morey	21/06/2023		
3.	Independence day	Dr. Deepali Morey	15/08/23		
4.	Selection for Player	Dr. Deepali Morey	07/11/23		
5.	Pune city zonal sports Participation in SPPU sports events:- Cricket, Kabbadi, Badminton, Chess, Volleyba ll, Table Tennis, Athletics, Yogasana, Boxing, Mallakhamb, Football	Dr. Deepali Morey	22/08/23		
	SEM –II				
6.	Commencement of Second Term Of Academic Year 2023-2024				
7.	Marathon Legency Run	Dr. Deepali Morey	14/01/2024		
8.	Shivjayanti celebraion	Dr. Deepali Morey	19/02/2024		
9.	Inter-Department sports	Dr. Deepali Morey	Every Saturday and Sunday in the month of February 2024		
10.	ALACRITY	Dr. Deepali Morey	21/02/2024 to 23/02/2024		
11.	Shivjayanti celebraion	Dr. Deepali Morey	19/02/2024		
12.	Alacrity Football Event 2024	Dr. Deepali Morey	21/02/2024 to 22/02/2024		
13.	Engineering League Cricket Tournament	Dr. Deepali Morey	25 /2/2024 to 13 /3.2024		
14.	Nirbhay Kanya Abhiyan	Dr. Deepali Morey	29/2/2024		



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15.	FE & Direct SE student medical check-up	Dr. Deepali Morey	26/02/2024- 27/02/2024
16.	BE Send-off	Dr. Deepali Morey	08/02/2024







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SEM-I

Department of Physical Education Activity Report 2023-24

Yoga Day



Yoga Day

AISSMS IOIT, in association with Decathlon, organized a vibrant event to celebrate World Yoga Day on June 21st. The event aimed to promote yoga, create awareness about its benefits, and encourage a healthy lifestyle among participants. DESSA.

The event included the following highlights:

Yoga Sessions: Professional instructors led invigorating yoga sessions, guiding participants of all ages and fitness levels through various asanas and breathing exercises. Attendees practiced poses such as Tadasana, Vrikshasana, Bhujangasana, Balasana, and Savasana. Workshops and Demonstrations: Informative workshops covered meditation techniques, stress management through yoga, and the philosophy behind it. Skilled practitioners demonstrated advanced yoga poses, inspiring attendees to deepen their practice.

Health and Wellness Expo: Decathlon set up a health and wellness expo, offering a chance to win yoga and fitness equipment for performing a specific asana perfectly. Participants also enjoyed discounted prices on yoga mats, blocks, straps, and other accessories.





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Guest Speakers: Esteemed yoga experts, including Mrs. Kailas Patel and Honorable Sudhakar Shotti from Bhartiya Yog Sansthan, and Rakhi Gugale delivered insightful talks on the history, benefits, and significance of yoga in modern society. The event received positive feedback from attendees, expressing gratitude for the learning opportunities and deeper understanding gained about yoga's impact on well-being. Decathlon's health and wellness expo was highly appreciated for providing quality equipment at discounted prices.

Key outcomes of the event were:

Increased Awareness: The event raised awareness about the physical, mental, and spiritual benefits of practicing yoga, promoting overall well-being.

Skill Enhancement: Participants enhanced their yoga skills through expert-led sessions, workshops, and demonstrations, learning new techniques and gaining confidence. Inspiration and Motivation: The event inspired attendees to incorporate yoga into their daily lives, with talks and exposure to advanced practitioners igniting enthusiasm and a desire to continue their yoga journey.

Community Building: The event fostered a sense of community among like-minded participants, offering networking opportunities and creating a supportive environment for growth. The yoga day was conducted by Dr. Deepali Morey and Dr. Shejwal under the guidance of Dr. P. B. Mane, principal of AISSM IOIT.



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Independence Day

Independence Day initiative is especially focused on engaging the youth of the country, to inspire them to take a moment to reflect and pay tribute to those who sacrificed their lives, so that their future generations could grow up in a country that was free. Staff and students attended flag hoisting at college.

The program was planned by volunteers of the Gymkhana Committee of the college. The event was Conducted by AISSM Society, all the Colleges of the AISSM society participated in this event, SSPMS Day school performed a dance performance, The flag was hoisted by the hands of Shri.MalojirajeChhatrapati, Around 400-500 students participated in this event. This activity was done under the guidance of Principal Dr. P. B. Mane and Dr. D.S. Morey (Physical Director)



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Participation in SPPU sports events Mallakhamb

Our college student Chaitanya Phalke participated in inter-collegiate Mallakhamb tournament under S.P.P.U. And he went to final round. Chaitanya Phalke was selected for the zonal level. This activity was done under the guidance of Principal Dr. P. B. Mane and Dr. D.S. Morey (Physical Director)

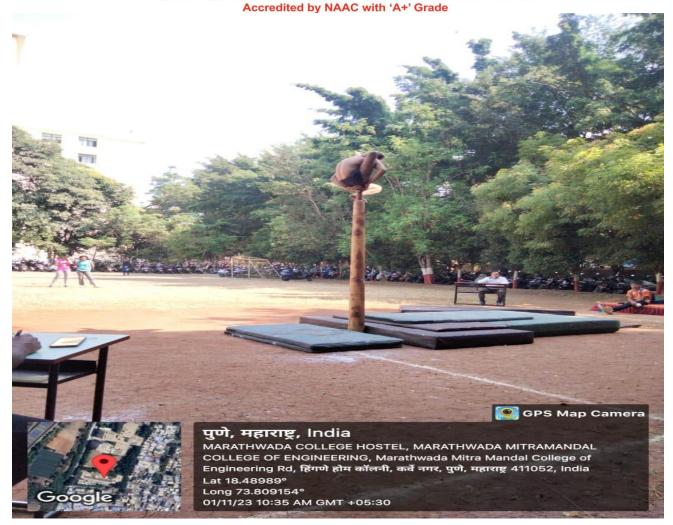


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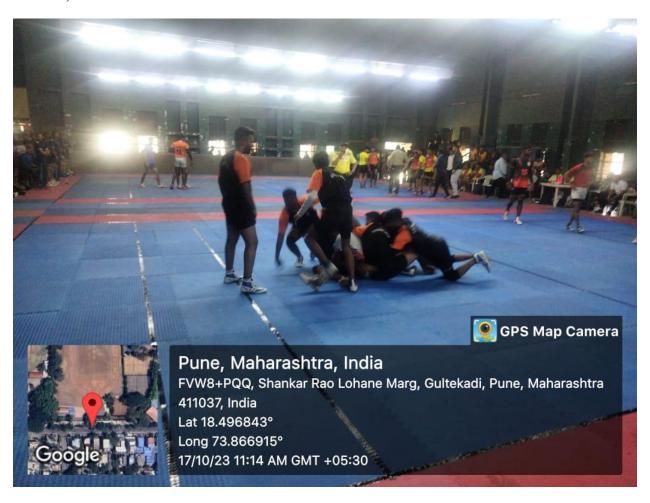
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Kabbadi

Our college Kabbaddi team participated in inter-collegiate kabbaddi tournament under S.P.P.U. Total number participation was 32 teams in different colleges .They went to quarter final. This activity was done under the guidance of Principal Dr. P. B. Mane and Prof. D.S. Morey (Physical Director)







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Football

Our college Football team participated in inter-collegiate Football tournament under S.P.P.U. Total number participation was 66 teams in different colleges .They went to semi final round . This activity was done under the guidance of Principal Dr. P. B. Mane and Prof. D.S. Morey (Physical Director)







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Chess

Our college Chess team participated in inter-collegiate Chess tournament under S.P.P.U. Total number participation was 42 teams in different colleges .They went to semi final round . This activity was done under the guidance of Principal Dr. P. B. Mane and Prof. D.S. Morey (Physical Director)



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Table-Tennis

Our college table- tennis team participated in inter-collegiate table-tennis tournament under S.P.P.U. Total number participation was 42 teams in different colleges. This activity was done under the guidance of Principal Dr. P. B. Mane and Prof. D.S. Morey (Physical Director)





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Cricket

Our college cricket team participated in inter-collegiate cricket tournament under S.P.P.U. Total number participation was 42 team in different colleges. This activity was done under the guidance of Principal Dr. P. B. Mane and Prof. D.S. Morey (Physical Director)





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Volleyball

Our college volley team participated in inter-collegiate volley-ball tournament under S.P.P.U. Total number participation was 38 teams in different colleges .Volley-ball team went to semi final round . This activity was done under the guidance of Principal Dr. P. B. Mane and Prof. D.S. Morey (Physical Director)





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Athletics

Our college Athletic team participated in inter-collegiate Athletic tournament under S.P.P.U. Total number participation was 42 teams in different colleges .Our college 5 students participated in different ground events. This activity was done under the guidance of Principal Dr. P. B. Mane and Prof. D.S. Morey (Physical Director)





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Yogasana

Our college Yogasana team participated in inter-collegiate Yogasana tournament under S.P.P.U. Total number participation was 33 teams in different colleges. Our college 2 students went to semi final round. This activity was done under the guidance of Principal Dr. P. B. Mane and Prof. D.S. Morey (Physical Director)







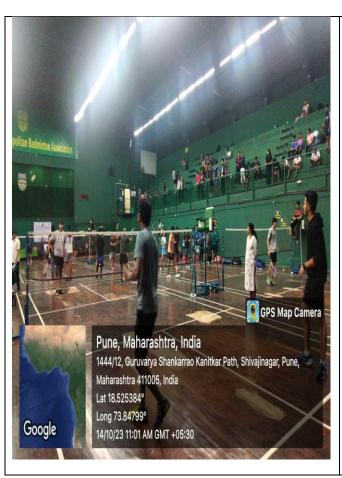
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Badminton

Our college Badminton team participated in inter-collegiate Badminton tournament under S.P.P.U. Total number participation was 56 teams in different colleges .They went to semi final round . This activity was done under the guidance of Principal Dr. P. B. Mane and Prof. D.S. Morey (Physical Director)







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Rollball

Our college student Rohan Pawar participated in inter-collegiate Rollball tournament under S.P.P.U. And he went to final round. Rohan Pawar was selected for the zonal level This activity was done under the guidance of Principal Dr. P. B. Mane and Dr. D.S. Morey (Physical Director)





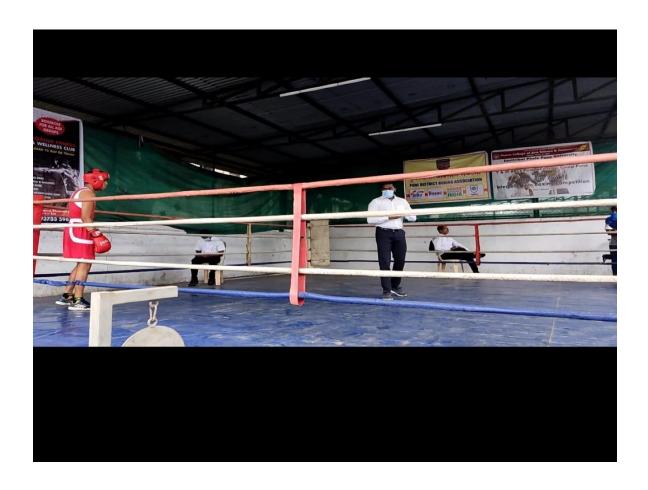


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Boxing

Our college student Umar Shaikh participated in inter-collegiate Boxing tournament under S.P.P.U. And he went to final round. Umar Shaikh was selected for the zonal level This activity was done under the guidance of Principal Dr. P. B. Mane and Dr. D.S. Morey (Physical Director)







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SEM II

Department of Physical Education Activity Report 2023-24

Legacy Run Marathon

Legacy Run Marathon organized by All India Shree Shivaji Memorial Society Pune and Deccan Sports Club Kolhapur concluded with great enthusiasm

Pune: The Legacy Run Pune marathon organized by All India Shri Shivaji Memorial Society Pune and Deccan Sports Club Kolhapur on the occasion of Silver Jubilee of Institute of Information Technology of All India Shri Shivaji Memorial Society was held yesterday. (January 14) was held. This marathon was organized with the main objective of creating a competitive environment and creating awareness among the citizens in terms of good health. Citizens from all over Maharashtra participated enthusiastically in this marathon held in Shivajinagar area of Pune city.

A.I.S.S.M.S. in Shivajinagar, Pune. The marathon started from the college premises. In the competition for 5 km 'A.I.S.S.M.S. Runners ran from College to Bund Garden' through an assured route. The Legacy Run Pune Marathon was held in four age groups: 14 to 30 years, 31 to 40 years, 41 to 50 years and above 51 years. T-shirts were given to the runners participating in the marathon. Also, breakfast, medical and physio support were also provided during the marathon. A total of 50 volunteers were working on the marathon route. "It is with great joy that the marathon to improve the health of the citizens and create harmony at the beginning of the New Year has been successfully completed", said Honorary Secretary of All India Shri Shivaji Memorial Society. Malojiraje Chhatrapati expressed his appreciation and gratitude to the organizers as well as to all those who played an important role in making this marathon a success.

On the occasion of the marathon, Chief Editor of Sakal Newspaper Mr. Samrat Phadnis also participated in this marathon and ran along the established route with the runners. He also encouraged and congratulated the runners.

Deccan Sports Club Director Mr. Sameer Chaugule appreciated the determination of the participating runners and expressed his opinion on the positive impact of



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such activities on the society. Principal of Institute of Information Technology Dr. P.B. Mane also appreciated the runners and thanked them for their valuable contribution to this initiative of the organization. Mrs. Shasha Shelke, Mrs. Dipali More and media team also got support for this marathon.

Lokmat, Pune Metro, Ruby Hall Clinic, D.E. This marathon, which was completed in collaboration with the society's Brijlal Jindal College of Physiotherapy, Sancheti Hospital and Sancheti Academy, became important in terms of good health and harmony among themselves. Journalists also participated enthusiastically on the occasion of this marathon. Like the runners, the enthusiasm of the journalist brothers was worth seeing. The organizers also thanked Hiriri for his participation in this marathon.

Glimpse:-





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SHIVJAYANTI

Our college celebrated Shivjayanti on 19th February 2023-24. Our Principal Dr. P. B. Mane, Our College Society members and chief guest Shrimant Maloji Raje Chatrapati were present on that day. Several cultural and folk dances were held and a speech on Chatrapati Shivaji Maharaj was held. All the teaching ,non teaching and students present on the function. This activity was done under the guidance of Principal Dr. P. B. Mane and Dr. D.S. Morey.









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Inter-department sports

Our college conducted Inter-departmental Sports which were held every weekend of February 2024, consisting of both indoor and outdoor games. Every event was conducted successfully, and winners were declared. Upon calculating the best department in sports for the year 2023-24 turns out to be **the Computer Department**. This activity was done under the guidance of Principal Dr. P. B. Mane and Dr. D.S. Morey.





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ALACRITY FOOTBALL EVENT REPORT 2023-24

AISSMS IOIT organized **an ALACRITY FOOTBALL EVENT** from 21st to 22nd February 2024 on account of silver jubilee of AISSMS IOIT. The tournament had 12 teams including MIT WPU, PES MODERN, DY PIEMR, SINGHAGAD INSTITUE, AISSMS COE, AISSMS IOIT, WADIA COLLEGE, COLLEGE OF ENGINEERING PUNE, PVG, GH RAISONI, the matches played were in a league format. The inauguration of the event was done by the respected Principal Dr.P.B.Mane and Physical Director Dr.Deepali Morey along with the student. The winners for the tournament was PES MODERN. The runners up of the event was MIT WPU. This activity was done under the guidance of Principal Dr. P. B. Mane and Dr. D.S. Morey.











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ENGINEERS CRICKET LEAGUE REPORT 2023-24

AISSMS IOIT organized ENGINEERS CRICKET LEAGUE from 25th February to 13th March 2024. The tournament had 10 teams including MMCOE, AISSMS ALUMINI, COEP, VIT, MESWCOE, SKNCOE, AISSMS IOIT, AISSMS IOIT-B, PVG, GH RAISONI, the matches played were in a league format. The inauguration of the event was done by the respected Principal Dr.P.B.Mane and Physical Director Dr.Deepali Morey along with the students. The winners for the tournament was VIT. The runners up for the tournament was MMCOE. This activity was done under the guidance of Principal Dr. P. B. Mane and Dr. D.S. Morey.









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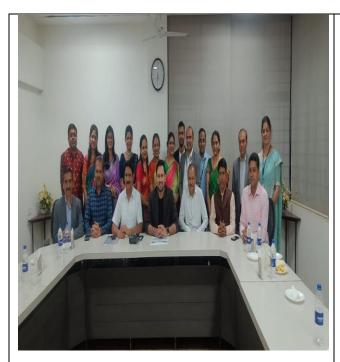
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ALACRITY 2023-24

Every year our college organizes a gathering program for our college students. All departments' students participated in cultural and sports events. A total of 7 Department students participated in these events. All departments perform skits on social topics. The winner of interdepartmental skits was the Electrical Department. This activity was done under the guidance of Principal Dr. P. B. Mane, Dr. D.S. Morey, Dr. Vineeta Philip and Prof.D.A.Itole.









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Nirbhay Kanya Abhiyan

Every year our college conducted Nirbhaya Kanya Workshop for Student. This year the college organized Nirbhaya Kanya workshop on 29/02/2024. Mrs.Sarita Rathi Bharhamkumari Pune, she is expert for the various meditation technique. She will give demonstrations, lecture and training about empowerment of human value. This activity was done under the guidance of Principal Dr. P. B. Mane and Dr. D.S. Morey.







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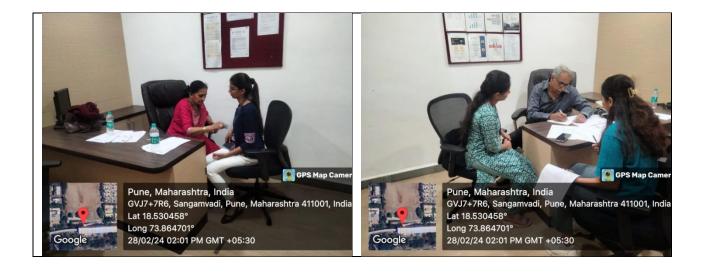
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Medical Checkup

Our college conducted medical checkup for Students of First year and Direct Second year engineering on 26th and 27 th February 2024. Medical Check-up is done by Dr. Sanju Shah. This activity was done under the guidance of Principal Dr. P. B. Mane and Dr. D.S. Morey.







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BE Farewell

Every year our college organizes BE Farewell for final year Students on 8th April 2024. A total of 550 students attend BE Farewell program. In this program Various Trophies was Distributed like Departments subject toppers, Best BE class, Best BE GFM and Best Outgoing Student. This activity was done under the guidance of Principal Dr. P. B. Mane and Dr. D.S. Morey.

